



Newsletter

November 2025

Dates For Your Diary

17th December: Last day of normal session for Term 2.

18th December: Christmas Party – see poster for timings and events.

19th December: TTD

5th January: First Day of Term 3.



easyfundraising

Thank you to everyone who has downloaded the app to raise money for the pre-school. Please ensure you are doing as much shopping as possible via the app to ensure we receive as many donations as possible.

To get started click on the link below or use the QR code:



www.easyfundraising.org.uk

We are also able to use easyfundraising instore which will increase our donations massively especially during the lead up to Christmas. All you need to do is link your cards to the app and it will do the rest (I did it yesterday – very easy!)

All money raised will be put to improving the outside space for all of the children. So far we have raised £358.94

January '26 Sessions

If you haven't already done so, please let the pre-school know any changes to your child's hours for January '26, by 5th December '25. Unfortunately after this date we will not be able to amend funded hours until the Easter term (01.04.26 - Term 4).

Parent WhatsApp Group

We have a parent whatsapp group which is used to keep in touch about events, pass on information and arrange end of term staff treats!

It is managed by one of the committee.

Use the QR code below if you would like to join.



Food Preparation

Please see the poster below for guidance on food and nutrition, as well as how food needs to be cut to reduce the risk of choking. We will only allow your child to eat food that has been cut as stated in the guidance, this is for their safety and to avoid a choking hazard. For further guidance from the Food Standards Agency please follow this link: [Early Years food choking hazard \(Food Standards Agency\)](#)

A Guide To A Healthy Lunchbox

Here at Old Court we are committed to supporting children's health and wellbeing by promoting healthy eating, following the governments guidance

Parents are responsible for providing a healthy, balanced packed lunch and snack for their child each day. Please follow the correct guidance for food hygiene and safe eating eg. cutting grapes in quarters length ways. If food isn't safe for a child to consume or is out of date, we will speak to you and send the food home with the child. Please label their lunchbox and snacks and put in a cool block. Also ,make us aware of any allergies or preferences your child may have.

What to include

We ask that you provide a balanced diet for your child's lunch, ideally this would include:

- Protein (egg, meat, beans, tofu, cheese, fish.
- A portion of fruit/vegetables
- A dairy item (greek yoghurt, cheese, butter, cream cheese)
- Carbohydrates (wholemeal bread, pasta, rice, potato, sweet potato or whole grains.)

Try to avoid foods high in fat, salt and sugar eg. sweets and crisps. We are also a nut free setting so we cannot accept any foods containing nuts.

Reducing the risk of choking

Children can choke on any food, at any age. To minimise the risk of choking:

- cut small round foods (eg grapes & cherry tomatoes) lengthways and into half (quarters)
- cut hard fruit or vegetables (like raw apple and carrot) into slices instead of small chunks
- cut cheese into strips rather than chunks
- do not give children popcorn or marshmallows as a snack
- cut sausages into thin strips rather than chunks and remove the skins

You can find more information on how to prepare food on the food standards agency website: food.gov.uk

This information is based on the EYFS Nutrition Guidance 2025 for group and school based providers.

Room updates

Panda's room

Since moving up to Pandas class in September we have been learning a lot of exciting things. One of the children's favourite activities was when we were learning about our senses and especially what we could smell. The activity let the children smell different things like toothpaste, coffee and different spices like cinnamon and turmeric and then they got to paint with them. This helped the children to explore their sense of smell and what they likes/dislike the smell of.



Polar's room

Polar Bears have loved a tuff tray this term. Used to help them to explore various topics including Owl babies, The Gruffalo, Autumn and All about me as we got to know our new friends. A favourite for all was hunting worms to help Mummy owl feed her babies.



Teddy Tot's room

Autumn has been a focus within the first term in Teddy tots and they really enjoyed an autumnal walk to the park. They enjoyed using their treasure hunt lists to explore and hunt, fully embracing what they could find in nature.



Pre-school vacancies

We have 3 vacancies within the pre-school, all the details can be found on our website [here](#).

Come and join our team, we have the following roles available to apply for:

- 👤 Early years educator – Level 2 or 3 qualified
- 👤 Early years educator – Unqualified – Desirable, level 2 or 3 qualified
- 👤 Room leader – Level 3 qualified, with minimum 2 years' experience within early years

Also check out our [Facebook](#) page to learn more about these roles and the pre-school!



CHRISTMAS PARTY

FOOD | £6 | SOME
GAMES | TO | SURPRISE
MUSIC | ATTEND | VISITORS

THURSDAY **18** DECEMBER
2025

8:45AM - 11:30AM

THERE WILL BE STALLS AT THE END OF THE PARTY

